

Lakeville Schools

Base Menu Spreadsheet

Portion Values - Detailed

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May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

Generated on: 4/18/2017 3:13:34 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017															
ELEMENTARY LUNCH 16-PANCAKE, MINI MAPLE BURSTS - P	Total POUCH	207	0	135	2.69	0.65	35.9	63	0.0	13	3.59	36.82	6.29	0.45	0.00
PANCAKE, MINI STRAWBERRY BURST	POUCH	240	0	150	3.00	0.72	40.0	80	0.0	16	4.0	42.0	7.0	1.00	0.00
SYRUP, PANCAKE - AMERICANA	1.5 OZ CU	120	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	31.0	0.0	0.00	0.00
SAUSAGE PATTY, JIMMY DEAN CN 1	2 PATTIES	110	40	450	0.00	1.08	20.0	5	0.0	1	12.0	1.0	8.0	2.00	0.00
POTATO TRI-PATTY WITH VITA MIN	2 Each	229	0	621	2.70	0.48	0.0	0	36.45	0	2.7	27.0	9.45	3.37	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM FRUIT PLATE-YO GURT	SALAD	665	38	672	3.83	1.43	1138.9	4060	47.72	*57	21.47	114.43	12.96	6.88	*0.00
BAG LUNCH-PEANUT BTR & JELLY	Bag	447	0	491	4.73	1.86	30.5	50	0.0	*0	12.0	50.73	21.41	4.27	0.00
Weighted Daily Average % of Calories		845	36	1325	7.69	*2.62	*501.9	*3216	*66.01	*46 *21.7%	26.62 12.6%	131.17 62.1%	24.24 25.8%	6.28 6.7%	*0.00 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

Tue - 05/02/2017															
ELEMENTARY LUNCH 16-PIZZA, MSFBG 16-17	Total 1/8 PIZZA	335	35	560	4.50	2.25	349.8	280	6.0	7	16.99	34.47	14.99	7.49	0.00
BREADSTICK, GARLIC BAKECF 1638	BREADSTICK	100	0	135	2.00	1.08	0.0	100	0.0	1	3.0	16.0	3.5	1.00	0.00
CARROT, STEAMED BABY	1/2 CUP	29	0	64	2.43	0.74	26.2	11373	2.13	4	0.52	6.79	0.11	0.00	0.00
SALAD, TOSSED: W/ DRESSING	1 CUP	105	5	443	2.17	0.55	43.1	6710	17.83	*2	2.29	8.03	6.81	0.97	*0.00
TEST ASST FRUIT (K-8)	1/2 CUP	65	0	4	1.73	*0.24	*9.1	298	*17.09	*13	0.55	16.6	0.14	0.02	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM, TACO ELEM/M.S.	SERVING	587	41	669	10.74	5.18	271.2	8249	17.81	*2	27.9	69.65	25.62	6.53	*0.13
BAG LUNCH - HAM & CHZ SAND WICH	BAG	383	38	1186	5.73	1.86	191.8	232	0.0	*7	23.67	52.76	11.46	2.04	0.00
Weighted Daily Average % of Calories		651	45	1154	10.08	*4.09	*635.7	11410	*28.34	*32 *19.6%	30.80 18.9%	84.24 51.8%	22.87 31.6%	8.49 11.7%	*0.02 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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ELEMENTARY LUNCH 16-17 (JFK)

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017															
ELEMENTARY LUNCH 16-CHICKEN PATTY ON BUN 16-17	Total SANDWIC	402	45	764	4.01	3.62	220.2	121	0.0	4	23.15	44.12	15.12	3.03	0.00
SWEET POT, WAFFLE FRY _ SI MPLO	1/2 CUP	120	0	135	4.00	0.72	20.0	1000	0.0	8	1.0	19.0	7.0	1.00	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
BAKER'S CHOICE	1 EACH	173	15	161	1.04	1.07	*5.6	194	1.46	*10	2.43	27.84	6.22	1.95	*0.02
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM - BLT SALAD	SALAD	496	236	1052	6.68	2.89	285.9	9174	11.79	*6	20.39	36.65	28.75	6.88	*0.13
BENTO BOX- PIZZA	BOX	264	24	722	4.02	*0.89	*0.0	213	*4.8	6	11.88	32.13	9.72	3.98	0.00
Weighted Daily Average		771	80	1262	8.74	*4.95	*531.4	*3624	*27.37	*39	33.68	103.05	26.75	6.40	*0.03
% of Calories										*20.3%	17.5%	53.5%	31.2%	7.5%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Thu - 05/04/2017															
ELEMENTARY LUNCH 16-CORN DOG - FOSTER FARMS - ELEM	Total 6 PIECE	271	38	422	4.52	2.17	150.6	30	0.0	6	10.54	30.11	12.04	3.76	0.00
BAKED BEANS, VEGETARIAN B USH'S	1/2 CUP	140	0	371	6.02	1.81	40.1	60	0.0	12	5.02	30.09	0.5	0.00	0.00
FRENCH FRIES - INFIN - CRNK G	3 OZ	100	0	153	1.33	0.48	13.3	0	4.0	*N/A*	1.33	14.67	4.0	0.33	*N/A*
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
FRUIT, FROZ JUICE CUP (POLIS	4.4 OZ CU	99	0	15	0.00	0.00	0.0	125	12.0	25	0.0	25.0	0.0	0.00	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CHEF	Salad	484	141	1282	9.28	3.27	294.9	10231	31.44	*8	23.81	43.71	23.41	5.04	*0.13
BAG LUNCH - TURKEY & CHED DAR S	BAG	470	50	1382	5.77	2.57	313.1	*397	0.0	*0	24.9	57.13	17.56	6.88	*0.26
KETCHUP, HEINZ MSFBG 16-17	1.5 oz	53	0	125	0.00	0.00	0.0	250	3.0	10	0.0	12.51	0.0	0.00	0.00
Weighted Daily Average		706	54	1239	10.29	*3.91	*511.9	*2755	*34.40	*54	25.86	109.40	18.65	5.30	*0.04
% of Calories										*30.8%	14.6%	62.0%	23.8%	6.7%	*0.1%
Nutrient Guideline		550-650		1230										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017															
ELEMENTARY LUNCH 16-ITALIAN DUNKERS, W.G. CHEES SPAGHETTI MARINARA SAUCE	Total PIECE	330	20	680	3.00	1.80	300.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
VEGETABLES, PROVENCE BLEN	1/2 CUP	60	0	490	3.00	1.08	40.0	300	9.0	7	2.0	11.0	1.0	0.00	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	15	0	13	1.00	0.00	10.0	500	9.0	*N/A*	0.5	2.5	0.0	0.00	0.00
MILK - ISD MILK	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
SALAD ELEM CRISPY CHICKEN	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
BAG LUNCHSEEDS & CHEESE BUNDLE	SALAD	441	51	1194	8.48	5.31	351.7	16550	25.01	*8	26.87	52.38	15.21	4.30	*0.16
BUNDLE BOAT	BUNDLE BOAT	536	16	883	9.71	4.11	283.6	295	10.64	*4	23.6	51.0	28.22	6.34	*0.00
Weighted Daily Average % of Calories		575	30	1390	8.41	*3.63	*638.4	*4450	*35.28	*29 *20.2%	30.35 21.1%	70.15 48.8%	19.20 30.0%	6.63 10.4%	*0.02 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

Mon - 05/08/2017															
ELEMENTARY LUNCH 16-CHICKEN TENDER WG PRVIEW 63330	Total 3 PIECES	216	66	350	1.19	1.86	22.2	83	0.03	0	21.96	12.31	8.35	1.56	0.00
MASHED POTATOES, G.F. IDAH OAN	1/2 CUP	64	0	248	0.80	0.29	16.0	4	2.88	1	1.6	13.62	0.8	0.00	0.00
GRAVY MIX, CHICKEN MINORS	1/4 CUP	15	0	211	0.00	0.00	1.0	0	0.0	*N/A*	0.0	2.0	0.5	0.00	*0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
GARLIC TOAST, BAKER BOY	PIECE	70	0	95	1.00	0.72	0.0	0	0.0	0	2.0	12.0	2.5	0.50	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM FRUIT PLATE-YO GURT	SALAD	665	38	672	3.83	1.43	1138.9	4060	47.72	*57	21.47	114.43	12.96	6.88	*0.00
BAG LUNCH-PEANUT BTR & JELLY	Bag	447	0	491	4.73	1.86	30.5	50	0.0	*0	12.0	50.73	21.41	4.27	0.00
Weighted Daily Average % of Calories		575	63	1118	4.96	*3.02	*457.5	*2728	*36.13	*30 *21.1%	32.72 22.8%	77.45 53.9%	15.28 23.9%	3.59 5.6%	*0.00 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

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ELEMENTARY LUNCH 16-17 (JFK)

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017															
ELEMENTARY LUNCH 16-HOT DOG - TURKEY	Total HOT DOG ON BUN	210	55	430	4.00	2.16	120.0	0	6.0	*0	11.0	20.0	10.0	2.50	0.00
BAKED BEANS, VEGETARIAN BUSH'S	1/2 CUP	140	0	371	6.02	1.81	40.1	60	0.0	12	5.02	30.09	0.5	0.00	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
SUN CHIPS	PACKAGE	105	0	135	2.25	0.27	0.0	0	0.0	*N/A*	1.5	14.25	4.5	0.75	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM, TACO ELEM/M.S.	SERVING	587	41	669	10.74	5.18	271.2	8249	17.81	*2	27.9	69.65	25.62	6.53	*0.13
BAG LUNCH - HAM & CHZ SAND WICH	BAG	383	38	1186	5.73	1.86	191.8	232	0.0	*7	23.67	52.76	11.46	2.04	0.00
Weighted Daily Average		589	59	1070	11.18	*4.04	*471.0	*2830	*27.11	*28	27.15	82.17	17.99	4.41	*0.02
% of Calories										*19.1%	18.4%	55.8%	27.5%	6.7%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Wed - 05/10/2017															
ELEMENTARY LUNCH 16-CHICKEN FAJITA - ISD 194	Total 1 FAJITA	382	91	1071	5.96	*1.49	*105.5	855	*39.48	*6	25.19	36.81	14.72	6.54	*0.25
RICE, CHIPOLTE'S BASMATI	1/2 CUP	60	0	393	0.78	0.19	8.2	1	0.22	*0	1.08	9.73	1.89	0.19	*0.03
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
JONNY POP - TRIPLE BERRY	BAR	50	0	25	1.00	0.00	20.0	0	6.0	10	1.0	11.0	0.5	0.00	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM - BLT SALAD	SALAD	496	236	1052	6.68	2.89	285.9	9174	11.79	*6	20.39	36.65	28.75	6.88	*0.13
BENTO BOX- PIZZA	BOX	264	24	722	4.02	*0.89	*0.0	213	*4.8	6	11.88	32.13	9.72	3.98	0.00
Weighted Daily Average		612	106	1525	8.32	*2.03	*432.6	*3285	*59.48	*35	33.94	76.12	19.01	7.27	*0.24
% of Calories										*22.8%	22.2%	49.8%	28.0%	10.7%	*0.3%
Nutrient Guideline		550-650		1230										<10.00	

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Thu - 05/11/2017															
ELEMENTARY LUNCH 16-	Total														
HAMBURGER ON BUN - MSFBG	Sandwich	307	39	470	3.03	3.65	213.7	20	0.03	4	22.08	31.1	10.65	3.40	0.00
16-															
HAMBURGER FIXINGS w/ CHEES	PORTION	80	8	517	1.17	0.61	135.0	1975	7.79	*6	4.9	9.55	2.87	1.33	*0.00
FRENCH FRIES - INFIN - CRNK G	3 OZ	100	0	153	1.33	0.48	13.3	0	4.0	*N/A*	1.33	14.67	4.0	0.33	*N/A*
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
RICE KRISPIE BAR - LAKEVILLE	8 X 10	130	12	153	0.27	2.91	4.8	408	6.4	*0	1.31	22.72	4.6	2.91	*0.19
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CHEF	Salad	484	141	1282	9.28	3.27	294.9	10231	31.44	*8	23.81	43.71	23.41	5.04	*0.13
BAG LUNCH - TURKEY & CHED	BAG	470	50	1382	5.77	2.57	313.1	*397	0.0	*0	24.9	57.13	17.56	6.88	*0.26
DAR S															
Weighted Daily Average		772	70	1565	7.94	*7.35	*659.8	*5037	*48.37	*34	38.06	103.98	23.95	8.31	*0.18
% of Calories										*17.5%	19.7%	53.9%	27.9%	9.7%	*0.2%
Nutrient Guideline		550-650		1230										<10.00	

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Fri - 05/12/2017															
ELEMENTARY LUNCH 16-	Total														
SOUP, TOMATO CAMPB HEALT	1 CUP	76	0	391	0.94	0.34	3.4	378	5.67	9	0.94	15.12	0.94	0.47	0.00
HY REQ															
GRILLED CHEESE	SANDWIC	336	30	708	4.00	1.44	485.0	628	0.0	*8	22.17	36.05	13.99	5.49	*0.00
SALAD, CAESAR SIDE	1 CUP	122	7	256	1.99	0.47	53.3	4114	1.88	*0	2.67	6.34	10.22	1.84	*0.02
ASSORTED FRUITS & VEG	SERVING	61	1	172	1.11	*0.42	*54.9	2452	*23.7	*9	1.28	11.52	1.37	0.20	*0.00
Pepperidge Farm Cheddar Goldfi	PKG	100	5	180	1.00	0.72	20.0	0	0.0	*N/A*	2.0	13.0	4.5	1.00	*N/A*
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CRISPY CHICKEN	SALAD	441	51	1194	8.48	5.31	351.7	16550	25.01	*8	26.87	52.38	15.21	4.30	*0.16
BAG LUNCHSEEDS & CHEESE	BUNDLE	536	16	883	9.71	4.11	283.6	295	10.64	*4	23.6	51.0	28.22	6.34	*0.00
BUNDLE	BOAT														
Weighted Daily Average		709	45	1591	8.25	*3.40	*792.5	6195	*23.73	*34	34.71	86.45	27.21	8.37	*0.02
% of Calories										*19.1%	19.6%	48.8%	34.5%	10.6%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Lakeville Schools

Base Menu Spreadsheet

Portion Values - Detailed

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May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

Generated on: 4/18/2017 3:13:34 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017															
ELEMENTARY LUNCH 16-CHICKEN, MANDARIN ORANGE - SEC	Total 3.6 OZ	180	43	304	0.23	0.86	4.1	11	4.06	15	12.06	25.19	3.28	0.54	0.00
RICE,Cooked Brown	1/2 cup	88	0	96	0.83	0.36	6.5	1	0.0	*0	1.89	18.39	0.7	0.14	*0.00
BROCCOLI: frozen, boiled	1/2 CUP	26	0	239	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM FRUIT PLATE-YO GURT	SALAD	665	38	672	3.83	1.43	1138.9	4060	47.72	*57	21.47	114.43	12.96	6.88	*0.00
BAG LUNCH-PEANUT BTR & JELLY	Bag	447	0	491	4.73	1.86	30.5	50	0.0	*0	12.0	50.73	21.41	4.27	0.00
Weighted Daily Average % of Calories		497	46	824	4.58	*2.00	*421.6	*2697	*50.24	*40 *32.0%	24.96 20.1%	79.89 64.4%	8.61 15.6%	2.38 4.3%	*0.00 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017															
ELEMENTARY LUNCH 16-BOSCO STICKS - 4"	Total 2 CT	220	10	280	2.00	1.44	200.0	200	0.0	2	12.0	28.0	6.0	3.00	0.00
SPAGHETTI MARINARA SAUCE	1/2 CUP	60	0	490	3.00	1.08	40.0	300	9.0	7	2.0	11.0	1.0	0.00	0.00
EDAMAME, PARMESAN CRUSTE	1/2 CUP	144	5	218	4.00	1.73	124.8	0	2.67	*0	10.47	7.74	8.72	1.88	*0.00
SALAD MIXED GREENS: W/ DRS NG	1 CUP	74	4	269	1.68	1.15	56.4	6683	11.34	*1	2.11	4.61	5.22	0.75	*0.00
TEST ASST FRUIT (K-8)	1/2 CUP	65	0	4	1.73	*0.24	*9.1	298	*17.09	*13	0.55	16.6	0.14	0.02	*0.00
FUDGE BAR	3.17 OZ B	130	5	0	0.00	0.00	100.0	50	0.0	*N/A*	4.0	25.0	1.5	1.00	*N/A*
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM, TACO ELEM/M.S.	SERVING	587	41	669	10.74	5.18	271.2	8249	17.81	*2	27.9	69.65	25.62	6.53	*0.13
BAG LUNCH - HAM & CHZ SAND WICH	BAG	383	38	1186	5.73	1.86	191.8	232	0.0	*7	23.67	52.76	11.46	2.04	0.00
Weighted Daily Average % of Calories		676	29	1216	9.55	*4.42	*697.2	5737	*28.81	*31 *18.2%	33.70 20.0%	93.76 55.5%	18.67 24.9%	6.10 8.1%	*0.01 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Lakeville Schools

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

Generated on: 4/18/2017 3:13:34 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017															
ELEMENTARY LUNCH 16-COUNTRY FRIED STEAK PORK 68040	Total PIECE	320	50	430	2.00	1.80	20.0	5	1.2	1	14.0	17.0	22.0	6.00	0.00
MASHED POTATOES, G.F. IDAH OAN	1/2 CUP	64	0	248	0.80	0.29	16.0	4	2.88	1	1.6	13.62	0.8	0.00	0.00
GRAVY - BROWN - PREP W/ H2O	1/4 cup	19	1	269	0.26	0.06	16.8	0	0.0	*N/A*	0.6	3.26	0.43	0.21	*N/A*
CORN: frozen, yellow	1/2 CUP	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM - BLT SALAD	SALAD	496	236	1052	6.68	2.89	285.9	9174	11.79	*6	20.39	36.65	28.75	6.88	*0.13
BENTO BOX- PIZZA	BOX	264	24	722	4.02	*0.89	*0.0	213	*4.8	6	11.88	32.13	9.72	3.98	0.00
Weighted Daily Average		622	69	1245	6.46	*2.85	*384.5	*3123	*36.94	*27	27.05	74.61	25.25	7.00	*0.01
% of Calories										*17.6%	17.4%	48.0%	36.5%	10.1%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Thu - 05/18/2017															
ELEMENTARY LUNCH 16-PIZZA, MSFBG 16-17	Total 1/8 PIZZA	335	35	560	4.50	2.25	349.8	280	6.0	7	16.99	34.47	14.99	7.49	0.00
SALAD, TOSSED: W/ DRESSING	1 CUP	105	5	443	2.17	0.55	43.1	6710	17.83	*2	2.29	8.03	6.81	0.97	*0.00
VEGETABLE RELISHES - OTHER	1/2 CUP	9	0	16	0.88	0.15	11.4	57	8.84	*1	0.61	1.8	0.08	0.02	*0.00
TEST ASST FRUIT & JUICE	1/2 CUP	69	0	19	1.49	*0.23	*15.4	267	*29.53	*14	0.71	17.39	0.13	0.02	*0.00
SHERBET - LUIGIS	1 EACH	120	5	20	0.00	0.00	40.0	*N/A*	60.0	*N/A*	1.0	26.0	1.5	1.00	*N/A*
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CHEF	Salad	484	141	1282	9.28	3.27	294.9	10231	31.44	*8	23.81	43.71	23.41	5.04	*0.13
BAG LUNCH - TURKEY & CHED DAR S	BAG	470	50	1382	5.77	2.57	313.1	*397	0.0	*0	24.9	57.13	17.56	6.88	*0.26
Weighted Daily Average		662	57	1106	6.99	*2.79	*684.7	*5358	*86.07	*30	28.52	89.07	21.91	9.30	*0.03
% of Calories										*18.4%	17.2%	53.8%	29.8%	12.6%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Lakeville Schools

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Portion Values - Detailed

May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

Generated on: 4/18/2017 3:13:34 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017															
ELEMENTARY LUNCH 16-FRENCH TOAST STICKS, CINN GLA	Total 3 EACH	208	105	282	2.47	1.48	74.0	247	0.0	11	7.4	25.49	9.04	2.14	0.11
OMELET, COLBY CHEESE - SUN NY F	1 EACH	110	195	210	0.00	0.70	85.0	376	0.0	*N/A*	8.0	1.0	8.0	3.00	0.00
POTATO SMILES - ELEM - G.F.	4 EACH	130	0	180	2.00	0.36	0.0	0	2.4	*N/A*	2.0	19.0	5.0	1.00	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
YOGURT, TRIX 4 OZ	4 OZ CUP	100	5	50	0.00	0.00	100.0	500	0.0	13	3.0	20.0	0.5	0.50	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CRISPY CHICKEN BAG LUNCHSEEDS & CHEESE BUNDLE BOAT	SALAD	441	51	1194	8.48	5.31	351.7	16550	25.01	*8	26.87	52.38	15.21	4.30	*0.16
	BUNDLE	536	16	883	9.71	4.11	283.6	295	10.64	*4	23.6	51.0	28.22	6.34	*0.00
Weighted Daily Average		699	269	1034	6.75	*3.27	*561.9	*4178	*32.39	*44	29.72	90.91	24.23	7.12	*0.10
% of Calories										*25.1%	17.0%	52.0%	31.2%	9.2%	*0.1%
Nutrient Guideline		550-650		1230										<10.00	

Mon - 05/22/2017															
ELEMENTARY LUNCH 16-CHICKEN, DRUMSTICK CRISPY RICE, Cooked Brown	Total 1 LEG	210	118	292	0.11	1.36	1.6	95	0.12	0	23.24	3.9	10.39	2.92	*0.02
PEAS: frozen,boiled	1/2 CUP	59	0	4	4.13	1.07	18.1	555	29.0	4	3.93	10.48	0.29	0.05	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
COOKIE, CHOC CHIP BONZER 1 .5OZ	1.5 OZ C OOKIE	180	7	105	1.50	0.72	0.0	100	0.0	13	3.0	28.0	6.0	1.95	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM FRUIT PLATE-YO GURT	SALAD	665	38	672	3.83	1.43	1138.9	4060	47.72	*57	21.47	114.43	12.96	6.88	*0.00
BAG LUNCH-PEANUT BTR & JELLY	Bag	447	0	491	4.73	1.86	30.5	50	0.0	*0	12.0	50.73	21.41	4.27	0.00
Weighted Daily Average		691	116	809	7.01	*3.42	*427.4	*3282	*53.47	*42	38.19	89.47	19.21	5.83	*0.02
% of Calories										*24.5%	22.1%	51.8%	25.0%	7.6%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Lakeville Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 9

May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017															
ELEMENTARY LUNCH 16-MOZZARELLA CHEESE STICKS, HIGH	Total 3 EACH	230	18	284	1.21	0.87	242.0	242	0.0	*N/A*	11.5	17.55	12.1	3.03	0.00
SPAGHETTI MARINARA SAUCE _201	1/2 CUP	60	0	490	3.00	1.08	40.0	300	9.0	7	2.0	11.0	1.0	0.00	0.00
PASTA PLUS, ROTINI _BARILLA	1/2 CUP	95	0	12	2.00	0.90	10.0	0	0.0	1	5.0	19.0	1.0	0.00	0.00
SALAD, TOSSED: W/ DRESSING	1 CUP	105	5	443	2.17	0.55	43.1	6710	17.83	*2	2.29	8.03	6.81	0.97	*0.00
TEST ASST FRUIT & JUICE	1/2 CUP	69	0	19	1.49	*0.23	*15.4	267	*29.53	*14	0.71	17.39	0.13	0.02	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM, TACO ELEM/M.S.	SERVING	587	41	669	10.74	5.18	271.2	8249	17.81	*2	27.9	69.65	25.62	6.53	*0.13
BAG LUNCH - HAM & CHZ SAND WICH	BAG	383	38	1186	5.73	1.86	191.8	232	0.0	*7	23.67	52.76	11.46	2.04	0.00
Weighted Daily Average		581	31	1181	8.17	*3.26	*574.2	5671	*36.62	*29	27.88	74.51	19.73	4.55	*0.02
% of Calories										*20.2%	19.2%	51.3%	30.6%	7.1%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Wed - 05/24/2017															
ELEMENTARY LUNCH 16-MACARONI AND CHEESE (1/2 C)	Total 1/2 CUP	186	25	453	1.51	0.68	254.9	250	0.0	1	9.21	18.73	7.96	4.93	0.00
FISH NUGGET W.G. TRIDENT 41 830	4 EACH	221	50	241	2.01	1.08	20.1	100	0.0	1	14.05	20.07	9.03	1.50	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
STRAWBERRY, FRESH	SERVING	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM - BLT SALAD	SALAD	496	236	1052	6.68	2.89	285.9	9174	11.79	*6	20.39	36.65	28.75	6.88	*0.13
BENTO BOX- PIZZA	BOX	264	24	722	4.02	*0.89	*0.0	213	*4.8	6	11.88	32.13	9.72	3.98	0.00
Weighted Daily Average		534	82	931	5.80	*2.15	*557.2	*2855	*54.28	*26	28.47	64.14	17.77	6.77	*0.01
% of Calories										*19.5%	21.3%	48.1%	30.0%	11.4%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Thu - 05/25/2017															
ELEMENTARY LUNCH 16-NACHOS 2013 ELEM	Total SERVING	335	27	391	2.59	2.75	89.9	355	1.28	*1	15.91	32.65	16.8	3.83	*0.00
NACHO FIXINGS	OPTIONS	93	15	383	2.21	1.91	127.5	5459	9.94	*0	5.27	7.45	5.03	3.04	*0.00
BEANS, CHEESY REFRIED	#8 SCOOP	138	2	986	6.60	*1.86	*53.7	*127	*1.34	*1	7.81	21.33	2.37	0.89	*0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CHEF	Salad	484	141	1282	9.28	3.27	294.9	10231	31.44	*8	23.81	43.71	23.41	5.04	*0.13
BAG LUNCH - TURKEY & CHEDDAR S	BAG	470	50	1382	5.77	2.57	313.1	*397	0.0	*0	24.9	57.13	17.56	6.88	*0.26
Weighted Daily Average		725	58	1928	12.25	*6.43	*577.4	*8094	*41.92	*26	37.17	88.81	25.96	8.32	*0.03
% of Calories										*14.1%	20.5%	49.0%	32.2%	10.3%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Fri - 05/26/2017															
ELEMENTARY LUNCH 16-CHICKEN SMACKER - LARGE P OPCOR	Total 10 EACH	269	60	590	3.00	0.36	170.0	8400	0.6	0	18.0	20.0	13.0	3.00	0.00
NOODLES, SESAME ASIAN 2/3C SER	2/3 CUP	140	0	421	3.33	1.94	*35.9	1546	*1.17	*7	5.0	22.28	4.67	0.57	*0.00
GREEN BEANS: frozen,boiled	1/2 CUP	19	0	6	2.00	0.59	33.0	376	2.8	*N/A*	1.01	4.35	0.11	0.03	0.00
TEST ASST FRUIT & JUICE	1/2 CUP	69	0	19	1.49	*0.23	*15.4	267	*29.53	*14	0.71	17.39	0.13	0.02	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CRISPY CHICKEN SEEDS & CHEESE BUNDLE - AL	SALAD BUNDLE BOAT	441	51	1194	8.48	5.31	351.7	16550	25.01	*8	26.87	52.38	15.21	4.30	*0.16
		490	32	698	5.98	3.29	460.0	373	1.77	*2	27.37	42.54	25.21	7.83	*0.00
Weighted Daily Average		541	64	1074	7.67	*2.63	*521.3	10265	*22.72	*27	31.11	65.82	18.18	4.45	*0.01
% of Calories										*20.2%	23.0%	48.7%	30.2%	7.4%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Lakeville Schools

Base Menu Spreadsheet

Portion Values - Detailed

May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

Generated on: 4/18/2017 3:13:34 PM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/30/2017															
ELEMENTARY LUNCH 16-	Total														
EGG,HARD-BOILED, 1/ct	1 EACH	78	210	60	0.00	0.72	20.0	300	0.0	0	6.0	0.0	5.0	1.50	0.00
OMELET, COLBY CHEESE - SUN	1 EACH	110	195	210	0.00	0.70	85.0	376	0.0	*N/A*	8.0	1.0	8.0	3.00	0.00
NY F															
PANCAKE, MINI MAPLE BURSTS	POUCH	207	0	135	2.69	0.65	35.9	63	0.0	13	3.59	36.82	6.29	0.45	0.00
- P															
FRENCH TOAST STICKS, CINN	3 EACH	208	105	282	2.47	1.48	74.0	247	0.0	11	7.4	25.49	9.04	2.14	0.11
GLA															
BREAKFAST PANCAKE & SAUS	1 EACH	210	25	310	1.00	1.08	20.0	45	0.0	9	6.0	22.0	10.0	3.00	0.00
AGE ON															
SYRUP, PANCAKE - AMERICANA	1.5 OZ CU	120	0	25	0.00	0.00	0.0	0	0.0	*N/A*	0.0	31.0	0.0	0.00	0.00
POTATO TRI-PATTY WITH VITA	2 Each	229	0	621	2.70	0.48	0.0	0	36.45	0	2.7	27.0	9.45	3.37	0.00
MIN															
TEST ASST FRUIT & JUICE	1/2 CUP	69	0	19	1.49	*0.23	*15.4	267	*29.53	*14	0.71	17.39	0.13	0.02	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM, TACO ELEM/M.S.	SERVING	587	41	669	10.74	5.18	271.2	8249	17.81	*2	27.9	69.65	25.62	6.53	*0.13
BAG LUNCH - HAM & CHZ SAND	BAG	383	38	1186	5.73	1.86	191.8	232	0.0	*7	23.67	52.76	11.46	2.04	0.00
WICH															
Weighted Daily Average		718	60	1063	6.70	*2.40	*386.5	1844	*44.13	*34	22.20	110.26	20.37	5.83	*0.05
% of Calories										*18.7%	12.4%	61.5%	25.6%	7.3%	*0.1%
Nutrient Guideline		550-650		1230										<10.00	

Wed - 05/31/2017															
ELEMENTARY LUNCH 16-	Total														
ALT. ENTREE - CHICKEN BASKE	PORTION	359	51	608	4.06	*2.49	*155.1	922	*3.72	*4	24.14	36.79	12.72	2.42	*0.03
SWEET POT, WAFFLE FRY _ SI	1/2 CUP	120	0	135	4.00	0.72	20.0	1000	0.0	8	1.0	19.0	7.0	1.00	0.00
MPLO															
FRENCH FRIES - INFIN - CRNK G	3 OZ	100	0	153	1.33	0.48	13.3	0	4.0	*N/A*	1.33	14.67	4.0	0.33	*N/A*
CORN: frozen, yellow	1/2 CUP	66	0	1	2.00	0.39	2.0	163	2.9	*N/A*	2.09	15.83	0.55	0.08	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
BAKER'S CHOICE	1 EACH	173	15	161	1.04	1.07	*5.6	194	1.46	*10	2.43	27.84	6.22	1.95	*0.02
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM - BLT SALAD	SALAD	496	236	1052	6.68	2.89	285.9	9174	11.79	*6	20.39	36.65	28.75	6.88	*0.13
BENTO BOX- PIZZA	BOX	264	24	722	4.02	*0.89	*0.0	213	*4.8	6	11.88	32.13	9.72	3.98	0.00

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May 1, 2017 thru Jun 6, 2017

ELEMENTARY LUNCH 16-17 (JFK)

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		811	85	1197	10.37	*4.43	*484.8	*4362	*33.53	*39	36.12	111.32	26.68	6.09	*0.05
% of Calories										*19.2%	17.8%	54.9%	29.6%	6.8%	*0.1%
Nutrient Guideline		550-650		1230										<10.00	

Thu - 06/01/2017															
ELEMENTARY LUNCH 16- CORN DOG - FOSTER FARMS - ELEM	Total 6 PIECE	271	38	422	4.52	2.17	150.6	30	0.0	6	10.54	30.11	12.04	3.76	0.00
BAKED BEANS, VEGETARIAN B USH'S	1/2 CUP	140	0	371	6.02	1.81	40.1	60	0.0	12	5.02	30.09	0.5	0.00	0.00
VEGETABLE RELISHES - OTHER	1/2 CUP	9	0	16	0.88	0.15	11.4	57	8.84	*1	0.61	1.8	0.08	0.02	*0.00
TEST ASST FRUIT & JUICE	1/2 CUP	69	0	19	1.49	*0.23	*15.4	267	*29.53	*14	0.71	17.39	0.13	0.02	*0.00
FRUIT, FROZ JUICE CUP (POLIS	4.4 OZ CU	99	0	15	0.00	0.00	0.0	125	12.0	25	0.0	25.0	0.0	0.00	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CHEF	Salad	484	141	1282	9.28	3.27	294.9	10231	31.44	*8	23.81	43.71	23.41	5.04	*0.13
BAG LUNCH - TURKEY & CHED DAR S	BAG	470	50	1382	5.77	2.57	313.1	*397	0.0	*0	24.9	57.13	17.56	6.88	*0.26
KETCHUP, HEINZ MSFBG 16-17	1.5 oz	53	0	125	0.00	0.00	0.0	250	3.0	10	0.0	12.51	0.0	0.00	0.00
Weighted Daily Average		626	54	1047	9.37	*3.43	*491.0	*1773	*34.00	*56	24.41	99.20	14.97	4.93	*0.04
% of Calories										*35.5%	15.6%	63.4%	21.5%	7.1%	*0.1%
Nutrient Guideline		550-650		1230										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/02/2017															
ELEMENTARY LUNCH 16- ITALIAN DUNKERS, W.G. CHEES SPAGHETTI MARINARA SAUCE	Total PIECE	330	20	680	3.00	1.80	300.0	500	0.0	2	18.0	30.0	15.0	6.00	0.00
	1/2 CUP	60	0	490	3.00	1.08	40.0	300	9.0	7	2.0	11.0	1.0	0.00	0.00
BOSCO STICK W.G. 6" 1 GRAIN 1 PIZZA, MSFBG 16-17	2 EACH	280	30	420	2.00	2.16	400.0	400	0.0	2	18.0	30.0	10.0	5.00	0.00
	1/8 PIZZA	335	35	560	4.50	2.25	349.8	280	6.0	7	16.99	34.47	14.99	7.49	0.00
SPAGHETTI SC W/ CRUMBLE IS D194	2/3 CUP	169	28	622	3.08	2.52	51.7	271	8.1	7	14.89	10.97	7.14	2.41	0.00
PASTA PLUS, ROTINI _ BARILLA	1/2 CUP	95	0	12	2.00	0.90	10.0	0	0.0	1	5.0	19.0	1.0	0.00	0.00
GREEN BEANS: frozen,boiled	1/2 CUP	19	0	6	2.00	0.59	33.0	376	2.8	*N/A*	1.01	4.35	0.11	0.03	0.00
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
ICE CREAM TREAT, ASST.	1 BAR	130	8	47	0.33	0.12	106.7	50	0.0	*5	3.0	21.67	3.5	1.50	*0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM CRISPY CHICKEN	SALAD	441	51	1194	8.48	5.31	351.7	16550	25.01	*8	26.87	52.38	15.21	4.30	*0.16
BAG LUNCHSEEDS & CHEESE BUNDLE	BUNDLE BOAT	536	16	883	9.71	4.11	283.6	295	10.64	*4	23.6	51.0	28.22	6.34	*0.00
Weighted Daily Average		622	43	1058	7.94	*3.87	*692.3	*4145	*29.60	*31	31.94	82.31	19.09	7.21	*0.02
% of Calories										*20.1%	20.5%	53.0%	27.6%	10.4%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Mon - 06/05/2017															
ELEMENTARY LUNCH 16- HAMBURGER ON BUN - MSFBG 16- HOT DOG - TURKEY	Total Sandwich	307	39	470	3.03	3.65	213.7	20	0.03	4	22.08	31.1	10.65	3.40	0.00
	HOT DOG ON BUN	210	55	430	4.00	2.16	120.0	0	6.0	*0	11.0	20.0	10.0	2.50	0.00
FRENCH FRIES - INFN - CRNK G	3 OZ	100	0	153	1.33	0.48	13.3	0	4.0	*N/A*	1.33	14.67	4.0	0.33	*N/A*
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
BAKER'S CHOICE	1 EACH	173	15	161	1.04	1.07	*5.6	194	1.46	*10	2.43	27.84	6.22	1.95	*0.02
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
SALAD ELEM FRUIT PLATE-YO GURT	SALAD	665	38	672	3.83	1.43	1138.9	4060	47.72	*57	21.47	114.43	12.96	6.88	*0.00
BAG LUNCH-PEANUT BTR & JELLY	Bag	447	0	491	4.73	1.86	30.5	50	0.0	*0	12.0	50.73	21.41	4.27	0.00

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Weighted Daily Average		727	64	1057	7.70	*4.61	*594.3	*2796	*40.72	*38	30.69	100.93	22.77	6.29	*0.02
% of Calories										*20.8%	16.9%	55.6%	28.2%	7.8%	*0.0%
Nutrient Guideline		550-650		1230										<10.00	

Tue - 06/06/2017															
ELEMENTARY LUNCH 16-	Total														
BAG LUNCH - HAM & CHZ SAND WICH	BAG	383	38	1186	5.73	1.86	191.8	232	0.0	*7	23.67	52.76	11.46	2.04	0.00
BAG LUNCH - TURKEY & CHEDDAR S	BAG	470	50	1382	5.77	2.57	313.1	*397	0.0	*0	24.9	57.13	17.56	6.88	*0.26
TEST ASSORTED SALADS (K-8)	1/2 CUP	96	1	196	2.32	*0.64	*49.0	*2229	*33.64	*12	2.29	18.82	1.85	0.29	*0.00
COOKIE, CHOC CHIP BONZER 1.5OZ	1.5 OZ C	180	7	105	1.50	0.72	0.0	100	0.0	13	3.0	28.0	6.0	1.95	0.00
MILK - ISD MILK	1 CUP	110	7	148	0.00	0.00	283.3	500	2.4	15	8.0	16.33	1.0	0.67	0.00
Weighted Daily Average		847	68	1986	9.91	*3.70	*618.4	*2126	*19.97	*37	43.03	119.23	24.85	7.54	*0.14
% of Calories										*17.5%	20.3%	56.3%	26.4%	8.0%	*0.1%
Nutrient Guideline		550-650		1230										<10.00	

Weighted Average		669	69	1231	8.20	*3.64	*550.3	*4378	*39.68	*35	31.12	90.71	20.90	6.34	*0.04
										*47.5%	18.6%	54.3%	28.1%	8.5%	*0.1%

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage										
Calories	669		550 - 650	103%					19	Correction Required - Calories too High							
Cholesterol (mg)	69																
Sodium (mg)	1231		1230						1	Correction Required - Sodium too High							
Fiber (g)	8.20																
Iron (mg)	3.64				Missing												
Calcium (mg)	550.3				Missing												
Vitamin A (IU)	4378				Missing												
Sugars (g)	35	21.13%			Missing												
Vitamin C (mg)	39.68				Missing												
Protein (g)	31.12	18.62%															
Carbohydrate (g)	90.71	54.27%															
Total Fat (g)	20.90	28.14%															
Saturated Fat (g)	6.34	8.53%		<10.00%													
Trans Fat ¹ (g)	0.04	0.06%			Missing												

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