

# Daim phiam kho mob txhaum

Rau qho no xav tau kev kho mob TXOG KEV UA PA sai li sai tau

*"kab mob txhaum yog ib qho ua muaj kev tshwm sim los ntawm kev noj zaub mov txhaum muaj feem mob ceev heev li thiab muaj feem tuag."*  
(National Institute of Allergy & Infectious Disease, 2010)

Daim duab

Lub npe: \_\_\_\_\_ Hnub yug: \_\_\_\_\_

Noj zaum yam: \_\_\_\_\_

Kev ua pa tsis nto yav tag los:  yog (Txaus ntshai heev rau kev txhaum noj no)  Tsis yog

Tej zaum yuav tau nqa tshuaj los kho tus kheej:  Yog  Tsis yog  
Tej zaum yuav tau tso tshuaj los rau kev kho mob:  Yog  Tsis yog

## Cov tshuaj muab rau noj los kho mob:

**Nce mus 55 lbs.** (25 kg) **Dhau 55 lbs.** (25 kg)  
 EpiPen Jr. (0.15 mg)  EpiPen (0.3 mg)  
 Adrenaclick (0.15 mg)  Adrenaclick (0.3 mg)

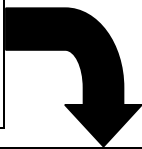
## \*Hom tshuaj siv daws noj txhaum + Hom tshuaj noj pes tsawg zaus:

Benadryl (paub xws li Diphenhydramine)  
 12.5 mg (1 Dia me aiv los yog 1 lo)  
 25 mg (2 Dia me aiv los yog 2 lo)  
 50 mg (4 Dia me aiv los yog 4 lo)  
 Lwm yam tshuaj txhaum: \_\_\_\_\_

**Kev sib txuam txhaum raws li cov zaub mov hauv no:** \_\_\_\_\_

### **YOG LI NTAUV:**

- Yog tias tau soj ntsuam lawm, muab cov tshuaj pab TXOG KEV UA PA (Epinephrine) ceev rau QEE qhov kab mob yog kev txhaum zoo li txhaum los ntawm kev noj mov.
- Yog tias tau soj ntsuam lawm, muab cov tshuaj pab TXOG KEV UA PA (Epinephrine) ceev rau yog tias kev txhaum no tau paub tias vim kev noj, txawm tias tsis paub qho tseeb ua tau qhia.



### **Yog muaj qee KAB MOB NYHAV tom qab ntshai los yog Kuaj ntshav paub:**

**Ob los yog Tshaj** raws li hauv no:  
Ntsws: Ua pa luv, Hawb pob, Hnoos tas li  
Siab: Ntsej muag daj, Xiav, tsis muaj zog, Plawv dhia qeeb, kiv taub hau, ntshov siab  
Pob qa: Ti ti, Txhaws qa, ua pa nyuab/Nqos qaub ncaug nyuab  
QHov ncauj: Ua rau qho ncauj o (Nplaig thiab/los yog di ncauj)  
Daim tawv: Muaj ntau lub pob o thoob ib ce  
**Los yog Kev sib txuam ntawm kab mob los ntawm ntau qho chaw hauv lub cev:**  
Daim tawv: Muaj ntau lub pob o thoob ib ce, Khaus, o loj (Qhov muag, di ncauj)  
Plab nyuv: Ntuav, mob ntshwj leeg



### **1. TXHAJ TSHUAJ PAB TCOG KEV UA PA CEEV LI CEEV TAU**

2. Hu xov tooj 911
3. Pib ua thiab saib mus (Raws li tau hais hauv no)
4. Muab kev kho mob ntxiv: \*
  - Siv tshuaj kho siv tshuaj, noj txhaum
  - Khoom pab siv tshuab tshuaj (Txog kev ua pa) Yog tias kab mob ua pa tsis nto

\*Siv tshuab kho siv tshuaj noj txhaum & Khoom pab siv tshuab tshuaj / Txog kev ua pa ua tsis zoo raws li kev kho mob ua nyhav los ntawm kev sib txuam ntau yam (kab mob txhaum) SIV KEV UA PA.

### **KAB MOB UA PA TSIS NTO TSEEM ME xwb:**

Qhov ncauj: Khaus qhov ncauj  
Daim tawv: Muaj qee lub pob o ib ncig qhov ncauj/ntsej muag, khaus me me  
Plab nyuv: Mob plab thiab xeev siab me me/nyob tsis zoo



### **1. MUAB COV TSHUAJ KHO SIV, NOJ TXHAUM**

2. Nyob nrog tub ntxhais kawm; Qhia rau koom haum pab kev noj haus huv thiab niam txiv/tus saib xyuas me nyuam yaus
3. Yog tias kab mob ua pa tsis nto tseem mob ntxiv mus (Saib sab sau) SIV TSHUAJ KEV UA PA
4. Pib ua thiab saib mus (Raws li tau hais hauv no)

**Rau lub sijhawm ua muaj nqi:** \_\_\_\_\_

### **Ua thiab saib xyuas**

**HOM TSHUAJ TIAS YUAV NOJ ZAUM OB NPAUM LI CAS** ntawm EPINEPHRINE muaj peev xwm muab tau 5 nas thi los yog ntau tshaj tom qab thawj zaug yog tias tus kab mob ua pa tsis nto ntawv tseem zoo li qub los yog rov mob dua.

**Nyob nrog tus neeg; Qhia rau koom haum pab kev noj haus huv thiab niam txiv/tus saib xyuas me nyuam yaus.** Qhia rau cov neeg EPINEPHRINE. Sau lub sijhawm thaum muab cov tshuaj PAB TXOG KEV UA PA (Epinephrine). Rau qhov kev sib txuam txhaum loj dua ntxiv, Hais kom tus neeg mob pw ntxeev tiaj nrog rau sab ceg tsa lawm sau. Pab kho tus neeg ntawv txawm tias niam thiab txiv tsis khoom tuaj. Saib dua/cov ntawv muab qhia txog kev xav tshuaj tias yuav ua li cas.

Tus neeg pab kos npe: \_\_\_\_\_ Xov tooj \_\_\_\_\_ Hnub tim \_\_\_\_\_

Lub npe ntaus tawm: \_\_\_\_\_

Niam-txiv/Tus saib xyuas me nyuam kos npe: \_\_\_\_\_ Xov tooj \_\_\_\_\_ Hnub tim \_\_\_\_\_



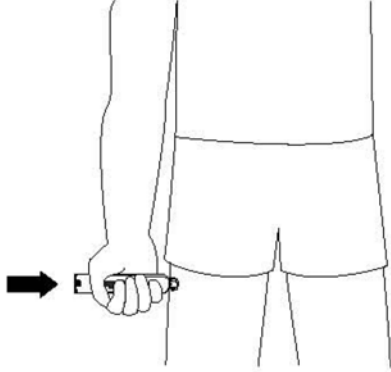
Ntxeev daim ntawv →

**Lub raj txhaj tshuaj EPIPEN® thiab Lub raj txhaj tshuaj EPIPEN Jr® ncai**

- Thawj mas, tshem Lub raj txhaj tshuaj EPIPEN los ntawm lub hnab ua ntim ntawv



- Rub tawm lub hau xiav ua npog kom txhob phom sij
- Tuav lub hau kob kab ntxwv ua nyob ze ncej puab sab nrauv (Nco ntsoov muab puab rau sab ncej puab)



- Tig thiab nias khov khov lub hau koob kob txiv kab ntxwv tig rov sab ncej puab. Nres sab ncej puab zoo zoo li 10 vib nas thi. Tshem rab koob txhaj tshuaj EPIPEN thiab zuaj qhov chaw ntawv li kaum vib nas thi



DEY® thiab DEY daim duab puav pheej , EpiPen®, EpiPen 2-Pak®, thiab EpiPen Jr 2-Pak yog lub npe ua lag luam ntawm Dey Pharma, L.P.

**Lub raj txhaj tshuaj Adrenaclick™ 0.3 mg thiab**

**Lub raj txhaj tshuaj Adrenaclick™ 0.15 mg ncai**



Tshem daim ntawv qhia lo lub hau **KOB TSHAUV "1"** thiab **"2"**.

Muab lub hau koob **LIAB** tso kom tig rov qab sab ncej puab, sib zog nias kom rab koob chob rau daim tawv mus. Tuav cia li ntawm 10 vib nas thi, ces mam muab tshem tawm.



**Cov tshuaj kho txog kev noj txhaum rau me nyuam yaus yuav tsum muaj tsis pub me tshaj ob hom tshuaj pab txog kev ua pa (epinephrine), lwm yam kev kho mob ntxiv raws li kws kho mob me nyuam kawm ntawv tau hais, thiab luam ib daim phiam hais qhia kev kho kab mob noj zaub mov txhaum.**

**Lub thawv rau tshuaj yuav tsum nqa nrog me nyuam kawm ntawv yog tias yuav tawm mus tawm sev kawm ntawv (i.i., mus sab nraum zov).**

**Hu xov tooj tau**

Hu 911 (Pab neeg ua tuaj pab: \_\_\_\_\_) Kws kho mob: \_\_\_\_\_ Xov tooj: \_\_\_\_\_

Niam txiv/Tus saib xyuas me nyuam: \_\_\_\_\_ Xov tooj: \_\_\_\_\_

**Muaj lwm yam phom moj hu tau**

Lub npe/Tus txheeb zai: \_\_\_\_\_ Xov tooj: \_\_\_\_\_

Lub npe/Tus txheeb zai: \_\_\_\_\_ Xov tooj: \_\_\_\_\_