



MIDDLE SCHOOL ATHLETICS FALL NEWSLETTER 2018



FALL SPORTS 2018 START DATE 9-4-2018
REGISTRATION BEGINS 7-1-18 ON FEEPAY

[HTTP://ISD194.ORG/MIDDLE-SCHOOL-ATHLETICS-AND-ACTIVITIES/](http://ISD194.ORG/MIDDLE-SCHOOL-ATHLETICS-AND-ACTIVITIES/)

HARRY ROBBINS ACTIVITIES DIRECTOR 952-232-2321

REBECCA DONNER ACTIVITIES SECRETARY 952-232-2320

CROSS COUNTRY \$200.00

Cross Country introduces boys and girls, Gr. 6-8 to the sport of running and provides ability and age level racing experiences. Cross Country will start Tuesday, September 4 at after school. The first week's practice will be Tuesday through Friday.

(As a Lakeville South middle school runner, you have the option to start with the LSHS team on August 21 or start on Sep. 4. August practices at LSHS 8/21, 23, 24 8-10am, 8/28, 30 3-5pm, 8/31 8-10am).

Once school starts on Sep. 4, practices will be held Monday through Friday, and will be right after school. Practices are approximately 1-1/2 hours. Middle school KTMS/MMS south runners practice at LSHS (3-4:30); and middle school CMS/KTMS north runners will practice at CMS. (2:00-3:30) Runners will take a shuttle bus afterschool to their respective practice sites.

Students need running shoes, and a digital wrist watch (optional).

Coaches:

LNHS MS: Michael Nolan, Grant Erickson

LSHS MS: Deb Wagner, Neil Strader



GIRL'S SWIMMING \$200

The 6-8 graders will have their first practice on Tue. Sep. 4th at the McGuire pool. Practices the first week will be Tuesday-Friday. Students will take the shuttle bus to McGuire after school. After the first week, practices will be Monday through Friday. Practices are approximately 1-1/2 hours.

There will be one combined middle school team, for 6-8 graders. Each

swimmer should have an athletic bag, suit, swim goggles, and a swim cap. There are no tryouts for Swimming.

Any 7-8 grader with competitive swimming experience who has attained one or more of the "Section Time Cuts", can try out with the varsity on Aug. 13th. You must register for the HS team on FeePay. More info on H.S. websites.

Coaches:

Emma Lawrenz, Chuck Smith, Phil Smith



GIRL'S TENNIS \$200.00

Tennis is for girls in 6-8 grade. Because of limited court space, participation will be first come, first serve. You must register before the start of the season. Online registration will be available on the website July 1.

Tennis participation caps:

CMS: 25 players (8 courts shared/LNHS)

KTMS: 20 players (4 courts)

MMS: 30 players (8 courts)

Tennis will start on Tuesday, Sep. 5 right after school at each school's tennis courts. The first week's practice will be Tuesday through Friday.

Practices will be M-F right after school for approximately 1-1/2 hours. Tennis players will need a tennis racquet and tennis shoes.

Coaches:

CMS: Kris Swift

KTMS: Melonie Sebring

MMS: Troy Sergent



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BOY'S SOCCER \$200.00

Soccer is a team sport. The Lakeville Middle School program is designed for the athlete to learn the game at an appropriate level, to have fun, and get some healthy exercise.

The 6th - 8th grade program will start Tuesday, September 4 right afterschool. The first week's practice will be Tuesday through Friday. Practices will take place at each school's soccer fields, right after school for approximately 1-1/2 hours.

Please bring soccer shoes, shin guards and water to practice.

Coaches will determine the number of teams, based on the number and ability of players. Total number of players is capped at 36 per school.



Boy's Coaches:

CMS: Chris Bunting, Abigayle Rodstein

KTMS: Kevin Atwood, Alec Roth

MMS: Jason Popkin, Jacob Bauer

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Please bring soccer shoes, shin guards and water to practice.

Coaches will determine the number of teams, based on the number and ability of players. Total number of players is capped at 36 per school.

Girl's Coaches:

CMS: Kelly Erickson, Heidi Garcia

KTMS: Nancy Kunkel, Sarah Mickelson

MMS: Khaled Elabdi

GIRL'S VOLLEYBALL \$200.00

A limited number of registrations are accepted for girls entering 6-8 grade due to court space and coach/girl ratio. For this reason, total number of players will be capped at 32 at each middle school. Practices will begin on Tuesday, Sep. 4 right afterschool in the gym at each school. The first week's practice will be Tuesday through Friday.

Each team will practice everyday, right after school for approximately 1-1/2 hours.

Girls are expected to have shorts, t-shirts, socks, shoes and knee pads for practices. School owned game jerseys for the season will be provided. We look forward to a great year!

Coaches:

CMS: Janis Goehner, Monica Carlson

KTMS: Joe Serdar, Nancy Serdar

MMS: Krista Schlegel, Amy Cooper

